

The Energy Bus by Jon Gordon

What if there were a way to influence everything else around you? What if this influence was accessible to everyone and had no monetary cost?

A flat tire one morning in George's spinning world leads him on bus number 11 where his journey is forever changed. The bus driver has a special philosophy for everyone on the bus; the main cause for their crossed paths...it's no accident they have arrived on bus number 11.

In Jon Gordon's 'The Energy Bus,' an ***influence of positive energy*** is taught to George and other passengers through the bus driver, Joy.

"Just as you become a more skilled golfer by playing more often, you also develop the skill of positive energy by practicing. The more you do it, the more natural it becomes." (Jon Gordon, 'The Energy Bus')

"More people die on Monday morning at 9:00 am than any other time." (Gordon) There is a way to change this fate, however, if people seek out opportunities to take hold of being a C.E.O. in their communities, workplace and personal life. No, this isn't the leadership position 'Chief Executive Officer' (CEO) or the company president. Rather, the C.E.O. in this sense is the 'Chief Energy Officer.' To be a successful C.E.O. one must tap into the ideas of 'The Energy Bus' which assist in making work a more positive community and environment to be a part of each day.

"I am not bound to win, I am bound to be true. I am not bound to succeed, but I am bound to live up to the light that I have." (Gordon)

In the novel, Joy shares the 10 Rules to Fuel Your Life, Work and Team with Positive Energy:

- 1) You're the driver of your bus.
- 2) Desire, vision, and focus move your bus in the right direction.
- 3) Fuel your ride with positive energy.
- 4) Invite people on your bus and share your vision for the road ahead.
- 5) Don't waste your energy on those who don't get on your bus.
- 6) Post a sign that says NO ENERGY VAMPIRE ALLOWED on your bus.
- 7) Enthusiasm attracts more passengers and energizes them during the ride.
- 8) Love your passengers.
- 9) Drive with purpose.
- 10) Have fun and enjoy the ride.

“Repetition is the key, and the more you focus on the positive energy the more it becomes your natural state. So when someone comes at you with negativity you will just be able to respond with strength and positive energy.” (Jon Gordon)

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