

LIVING AS A LEADER

Speaking Topics Catalog

Inspiring leadership at every level

About Our Speaking Experiences

Leadership that moves from insight to action.

Great leadership does not happen by accident. It is developed intentionally, practiced daily, and reinforced through meaningful learning experiences. Living As A Leader offers practical, interactive sessions grounded in real-world leadership, facilitation, and coaching experience.

Our facilitators bring decades of experience leading teams, coaching executives, and developing leaders across industries. They understand the real pressures leaders face and know how to turn complex ideas into practical guidance. Their sessions are engaging, relatable, and grounded in real workplace experience, so participants leave with more than inspiration. They leave with tools, language, and actions they can use immediately.

Organizations partner with us to

- Strengthen leadership capability at every level.
- Improve communication and collaboration.
- Increase employee engagement and retention.
- Develop emerging leaders.
- Build strong, positive team cultures.
- Navigate change with greater confidence.

Designed for meaningful engagement

Each experience blends research, real-world examples, discussion, reflection, and practical application. Sessions can be delivered in person or virtually, customized by role or leadership level, integrated into development programs, or used for conferences, retreats, and internal learning events.

Most Popular Speaking Topics

Start with three of our most requested leadership experiences.

01	You Can Lead from Any Chair: 5 Ways to Be a Person Others Want to Follow <i>Build influence, trust, and credibility - regardless of role or title.</i> Ideal for: Individual contributors, emerging leaders, supervisors, and cross-functional teams.
02	From Boss to Coach: A Leadership Style That Develops People and Performance <i>Develop people instead of simply managing tasks.</i> Ideal for: People leaders, supervisors, managers, and leaders of developing teams.
03	Understand Your Leadership Style: Using DISC to Communicate and Work More Effectively <i>Increase self-awareness and adapt your communication to work better with others.</i> Ideal for: Leaders, intact teams, project teams, and professionals who work across functions.

MOST POPULAR | 01

You Can Lead from Any Chair: 5 Ways to Be a Person Others Want to Follow

Build influence, trust, and credibility - regardless of role or title.

Leadership is not defined by title or position. It is defined by influence and trust. This practical and inspiring session shows how individuals at any level can strengthen relationships, build credibility, and positively influence others through everyday behaviors.

IDEAL FOR

Individual contributors, emerging leaders, supervisors, and cross-functional teams.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Recognize five behaviors that make others more willing to follow and collaborate.
- Build credibility and trust without relying on formal authority.
- Apply practical ways to lead positively from any role in the organization.

KEY IMPACTS

- Stronger personal accountability
- Greater collaboration across roles
- More confident emerging leaders

MOST POPULAR | 02

From Boss to Coach: A Leadership Style That Develops People and Performance

Develop people instead of simply managing tasks.

Modern leadership requires more coaching and less controlling. This session helps leaders shift from telling to coaching by asking better questions, encouraging ownership, and supporting employee growth while maintaining clear expectations and accountability.

IDEAL FOR

People leaders, supervisors, managers, and leaders of developing teams.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Distinguish between directing, managing, and coaching.
- Use questions that build ownership, judgment, and problem-solving.
- Balance employee development with clear expectations and accountability.

KEY IMPACTS

- More capable and independent employees
- Stronger coaching conversations
- Improved ownership and performance

MOST POPULAR | 03

Understand Your Leadership Style: Using DISC to Communicate and Work More Effectively

Increase self-awareness and adapt your communication to work better with others.

Using the DISC framework, participants explore how their natural and adapted styles appear in communication, decision-making, and daily interactions. They gain insight into their preferences and learn how to flex their style when working with people who approach situations differently.

IDEAL FOR

Leaders, intact teams, project teams, and professionals who work across functions.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Identify personal communication preferences and behavioral tendencies.
- Recognize how different DISC styles approach work and relationships.
- Adapt communication to reduce tension and improve effectiveness.

KEY IMPACTS

- Greater self-awareness
- Clearer communication
- More productive working relationships

Planning note: A DISC assessment is required. Cost, timing, and instructions are provided during planning.

SPEAKING TOPIC | 04

Lead Through Change: Create Clarity, Commitment, and Momentum

Help people move through change with greater confidence and commitment.

Change succeeds when leaders address both the business transition and the human experience. This session equips leaders to communicate change clearly, respond to resistance constructively, and help employees move from uncertainty toward understanding, commitment, and action.

IDEAL FOR

Leaders, managers, change sponsors, project teams, and organizations navigating transition.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Recognize common employee responses to organizational change.
- Communicate the purpose, expectations, and impact of change with clarity.
- Use practical leadership behaviors to reduce resistance and build momentum.

KEY IMPACTS

- Greater clarity during transition
- Stronger employee commitment
- Faster adoption of new behaviors

SPEAKING TOPIC | 05

The Seven Most Common Leadership Mistakes and How to Avoid Them

Recognize leadership blind spots before they damage trust and engagement.

Even experienced leaders make mistakes that unintentionally weaken communication, morale, and performance. This session helps leaders identify common missteps and replace them with more effective daily behaviors.

IDEAL FOR

New and experienced supervisors, managers, and senior leaders.

SESSION LENGTH

60-120 minutes

In person or virtual

PARTICIPANTS WILL LEARN TO

- Identify seven common leadership mistakes and their organizational consequences.
- Recognize personal habits that may undermine trust or accountability.
- Choose practical replacement behaviors for everyday leadership situations.

KEY IMPACTS

- Fewer avoidable leadership breakdowns
- Improved trust and morale
- More consistent leadership behavior

SPEAKING TOPIC | 06

Small Leadership Moments, Big Impact: Why Everyday Actions Matter Most

Make daily leadership interactions more intentional and effective.

Leadership impact is created through daily interactions. This session demonstrates how small actions, communication choices, and follow-through shape culture, trust, and engagement over time.

IDEAL FOR

Leaders at every level, including emerging leaders and individual contributors.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Recognize the everyday moments that most influence employee experience.
- Connect small leadership behaviors to trust, engagement, and culture.
- Practice intentional actions that strengthen day-to-day leadership impact.

KEY IMPACTS

- More intentional leadership
- Stronger trust and engagement
- A healthier team culture

SPEAKING TOPIC | 07

Communicate by Design: Use a Roadmap for Difficult Conversations

Handle tough conversations with greater clarity and confidence.

When expectations are not met, effective leaders communicate intentionally. This session teaches a practical six-step process for preparing for and conducting difficult conversations while managing emotions, reducing defensiveness, and keeping the discussion productive.

IDEAL FOR

Supervisors, managers, HR professionals, and anyone responsible for performance conversations.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Prepare for a difficult conversation using a six-step process.
- Choose clear language that reduces defensiveness and confusion.
- Maintain accountability while creating space for understanding and dialogue.

KEY IMPACTS

- More productive conversations
- Clearer expectations
- Faster resolution of performance concerns

SPEAKING TOPIC | 08

Build a Culture of Employee Engagement

Create a workplace where people want to contribute and perform.

Employee engagement is driven by leadership behavior, not perks or programs. This session explores what motivates people at work and how leaders can create an environment where employees feel valued, accountable, and connected to organizational goals.

IDEAL FOR

People leaders, HR teams, executive teams, and organizations focused on retention and culture.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Understand the leadership behaviors that most influence engagement.
- Identify barriers that disconnect employees from their work and organization.
- Apply practical actions that strengthen value, accountability, and connection.

KEY IMPACTS

- Higher employee engagement
- Improved retention
- Greater connection to organizational goals

SPEAKING TOPIC | 09

CliftonStrengths 34: Lead With Your Strengths

Use natural talents more intentionally to improve leadership and teamwork.

Great leaders maximize strengths rather than focusing only on weaknesses. This session helps individuals and teams understand how their natural talents influence performance, collaboration, and engagement - and how to apply those talents with greater intention.

IDEAL FOR

Leaders, intact teams, project teams, and organizations using a strengths-based approach.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Understand personal CliftonStrengths themes and how they appear at work.
- Recognize how different strengths contribute to team performance.
- Apply strengths intentionally in leadership, collaboration, and decision-making.

KEY IMPACTS

- Greater self-awareness
- More effective collaboration
- Stronger individual and team performance

Planning note: A CliftonStrengths 34 assessment is required. Cost, timing, and instructions are provided during planning.

SPEAKING TOPIC | 10

The Power of Positive Leadership: How Great Leaders Inspire Belief, Resilience, and Results

Lead through challenges with purpose, belief, and resilience.

Positive leadership is not about ignoring challenges; it is about leading through them effectively. Based on Jon Gordon's book *The Power of Positive Leadership*, this session connects positivity and belief to engagement, resilience, and results.

IDEAL FOR

Leaders at all levels, leadership teams, and organizations navigating pressure or change.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Understand how a leader's mindset influences team performance.
- Use practical strategies to strengthen belief, purpose, and resilience.
- Create conditions that help teams remain engaged through adversity.

KEY IMPACTS

- Stronger team resilience
- More positive leadership habits
- Greater engagement during challenges

SPEAKING TOPIC | 11

The Power of a Positive Team: Build Trust, Connection, and Collective Success

Build stronger relationships and achieve results together.

High-performing teams are built on trust, connection, and shared purpose. Based on Jon Gordon's book *The Power of a Positive Team*, this session explores the behaviors and mindsets that strengthen teamwork, accountability, and collective performance.

IDEAL FOR

Intact teams, project teams, leadership teams, and cross-functional groups.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Recognize the behaviors that strengthen trust and connection.
- Address negativity in constructive and accountable ways.
- Build shared habits that support collaboration and collective success.

KEY IMPACTS

- Stronger team trust
- Improved collaboration
- Greater shared accountability

SPEAKING TOPIC | 12

Accelerate Emerging Leaders: Develop Leadership Capability Earlier and Faster

Build leadership capability before the next promotion.

Organizations cannot afford to wait to develop their next generation of leaders. This session focuses on identifying potential early and building leadership capability intentionally through coaching, feedback, and real-world experience.

IDEAL FOR

Emerging leaders, high-potential employees, talent leaders, and succession-planning teams.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Recognize leadership potential beyond formal titles.
- Identify experiences that accelerate leadership development.
- Use coaching and feedback to strengthen readiness for future roles.

KEY IMPACTS

- A stronger leadership pipeline
- Faster leader readiness
- More intentional succession development

SPEAKING TOPIC | 13

The Energy Bus: Create Positive Energy, Accountability, and Results

Take responsibility for the energy you bring to work.

Leadership energy sets the tone for workplace culture. Based on Jon Gordon's The Energy Bus, this session helps leaders understand how mindset and behavior influence engagement, accountability, and performance.

IDEAL FOR

Leaders, teams, and organizations seeking renewed energy and accountability.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Understand how personal energy affects team culture and performance.
- Recognize choices that strengthen or drain workplace energy.
- Apply practical habits that create more positive and productive teams.

KEY IMPACTS

- Greater personal accountability
- More positive team energy
- Improved engagement and results

SPEAKING TOPIC | 14

Lead Upward

Influence outcomes and build strong partnerships at every level.

Leadership extends beyond managing direct reports. This session teaches professionals how to influence peers and senior leaders by building credibility, managing expectations, and communicating effectively without formal authority.

IDEAL FOR

Individual contributors, emerging leaders, middle managers, and cross-functional professionals.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Build credibility with peers and leaders above you.
- Communicate expectations, concerns, and recommendations effectively.
- Influence outcomes without relying on formal authority.

KEY IMPACTS

- Stronger working partnerships
- More effective upward communication
- Greater influence across the organization

SPEAKING TOPIC | 15

Attract and Retain the Emerging Workforce: What Today's Employees Expect From Leaders

Adapt leadership practices to attract, engage, and retain today's talent.

Employee expectations are changing. This session explores what emerging talent values most at work and how leadership behavior influences attraction, engagement, development, and retention.

IDEAL FOR

People leaders, HR teams, talent leaders, and organizations facing workforce or retention challenges.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Understand the workplace expectations shaping today's emerging workforce.
- Recognize leadership behaviors that influence an employee's decision to stay.
- Create an environment where employees can contribute, develop, and grow.

KEY IMPACTS

- Improved attraction and retention
- Stronger employee experience
- Better alignment with workforce expectations

SPEAKING TOPIC | 16

Lead the Hybrid Workforce: Connection, Trust, and Accountability From Anywhere

Lead flexible teams with clarity, trust, and confidence.

Hybrid work introduces new leadership challenges. This session helps leaders maintain connection, trust, communication, and accountability across remote and in-office environments.

IDEAL FOR

Leaders of hybrid or remote teams, project leaders, and cross-location teams.

SESSION LENGTH

60-120 minutes
In person or virtual

PARTICIPANTS WILL LEARN TO

- Set clear expectations across remote and in-office work.
- Build trust and connection when team members work in different locations.
- Maintain accountability without creating unnecessary control or surveillance.

KEY IMPACTS

- Stronger hybrid-team connection
- Clearer accountability
- More consistent communication

Ready to bring leadership to life?

Leadership does not improve through awareness alone. It improves through intentional action, reflection, and practice. Living As A Leader helps organizations move beyond concepts to meaningful behavior change.

Contact Living As A Leader to discuss your audience, goals, timing, and the speaking experience that will create the greatest impact for your organization.

TAKE THE NEXT STEP:

Contact Liz Grade lgrade@livingasaleader.com or view our [Speaking Services](#) page for additional information on booking us for your upcoming event.