

# LIVING AS A LEADER®

## PRESS RELEASE

Living As A Leader  
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**FOR IMMEDIATE RELEASE**

### **LIVING AS A LEADER WELCOMES FACILITATOR AND COACH**

#### ***Derek Deprey of Milwaukee, WI, Joins the Team***

**Milwaukee, WI – February 1, 2024**—Living As A Leader® announced the hiring of Derek Deprey, of Milwaukee, WI, as a Facilitator and Coach. Prior to joining Living As A Leader, Deprey spent three years as the Head of Employee Success and Director of Leadership Development for ETE REMAN, the nation's largest remanufacturer of transmissions and a USA Top Workplace. Deprey's diverse career background also includes roles with Wisconsin Athletic Club (WAC) as Director of People & Service, Director of Training & Development, and General Manager. Deprey's passion for leadership development led him to start his own company in 2014, Fit to Lead, which specializes in keynotes, workshops, and coaching.

In 2017, Deprey published the book *SHIFT: Move from Frustrated to Fulfilled*. In 2024, he will publish the book *Everyday Leaders: Small Actions, Big Results*. While writing, he spent eight years as an Adjunct Professor of Leadership at Wisconsin Lutheran College, a top ranked college by Forbes, Money Magazine, and the Wall Street Journal.

Mr. Deprey's focus at Living As A Leader will be providing support to leaders at all levels through workshops, coaching, account management and the implementation of custom solutions as applicable. Deprey said, "If there's anything I've learned, it's that now is the time to build your career, shape your life, and strategically work on laying the foundation for accomplishing your dreams and prospering to your true potential. While there are many people who try to accomplish this, very few of them are given a roadmap of where to start; so, I am thrilled to be joining the Living As A Leader team at this stage of my own journey."

#### **About Living As A Leader (LIVING AS A LEADER):**

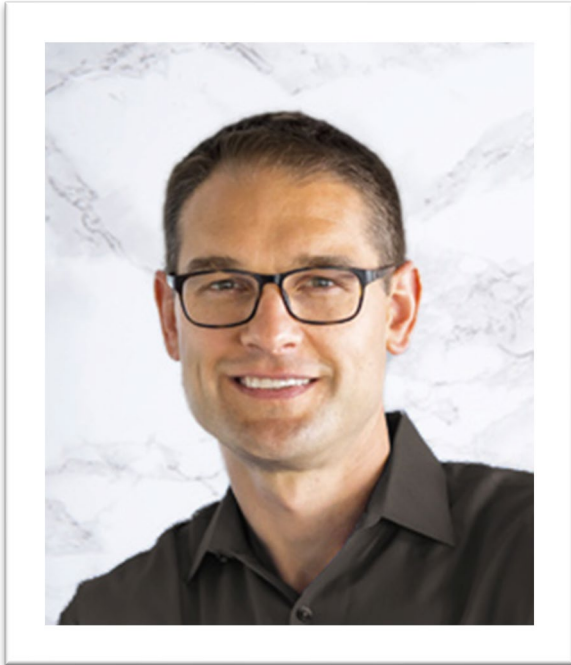
Living As A Leader®, established in 2002 by co-owners, Aleta Norris and Nancy Lewis, exists to support the development of leaders at all levels. Living As A Leader employs a steady-progress-over-time approach to leadership development. Their signature service, the Leadership Development Series, focuses on the development of leadership skills and strategies, as well as frequent application opportunities. Living As A Leader offers a variety of delivery methods including in person and virtual. Additionally, Norris, Lewis, and Living As A Leader facilitator and coach, John Rutkiewicz, authored the *Live As A Leader* book. The book provides a look at how leaders can learn leadership principles, empower others around them, and grow a productive and inspired team, learn more at [www.livingasaleader.com/book](http://www.livingasaleader.com/book).

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*If you would like more information about this topic, or to schedule any interviews, please contact Beth Kelly at (740) 504-5303 or email [bkelly@livingasaleader.com](mailto:bkelly@livingasaleader.com)*



**Derek Deprey**  
Facilitator and Coach  
Living As A Leader