



Theresa Custer has over 30 years of leadership experience, including more than a decade at the executive level. With a strong background in operations management, she excelled as managing director for two large companies, overseeing over 500 staff across multiple locations nationwide. Her extensive experience has honed her skills in strategic planning, team development, and operational efficiency.

At Living As A Leader, Theresa skillfully balances her roles as president, facilitator, and leadership coach. Since joining the team in 2011, she has delivered facilitation, training, coaching, and leadership development to hundreds of leaders, from front-line supervisors to C-suite executives. She holds a Professional Coaching Certification (PCC) and is currently pursuing her Master Coach Certification (MCC) through the International Coaching Federation. Theresa's commitment to continuous learning and professional growth ensures she brings the latest insights and techniques to her coaching practice.

Theresa is deeply committed to building strong relationships and motivating others. She uniquely understands the challenges and rewards of leadership, having graduated from the Living As A Leader Series while serving as an executive for another company. This experience gave her firsthand insight into the transformative power of training and coaching on both individual leaders and overall organizational performance.

#### Additional Expertise:

- Extensive experience with executives and leadership teams
- Over 14,000 hours of one-on-one and small group coaching experience
- Professional Certified Coach (PCC)
- Global Gallup Strengths Coach
- Certified Facilitator and Coach for Taking Flight with DISC
- Certified Small Group Flip It Coach

Theresa's approach is characterized by her ability to connect with individuals on a personal level, helping them unlock their full potential. Her dedication to fostering a culture of continuous improvement and excellence makes her an invaluable asset to the Living As A Leader team.